

Michelle R. Wilson

PAINTER

VANCOUVER, BC

BIOGRAPHY

Michelle R. Wilson is a Canadian painter based in Vancouver, BC. Her work moves across landscape, architectural studies, portraiture, and figurative painting, unified by a sustained inquiry into the relationship between self, spirit, and the world.

Her approach to painting is rooted in slowness, listening, and attention — a sensibility shaped by three decades of professional work at the intersection of human experience and care: twenty-five years in education and community living, holding space for people whose needs required genuine presence; and six years as a behavioural medicine health coach and somatic practitioner within primary healthcare, sitting with people through the slow, tender work of change. She works intuitively, allowing each piece to develop through a process of attention rather than intention.

Her influences include the contemplative traditions of meditation and inner stillness; painters such as Georgia O'Keeffe and Frida Kahlo, whose authenticity and devotion to their own vision have remained quiet companions to her practice; and the experience of travel as a way of learning to see.

Her earlier bodies of work include figure and portrait studies, a series of Paris cityscapes, paintings of dancers in motion, landscapes, and home portraits. Her current series, *Returning*, marks a turn toward greater stillness and spaciousness — an exploration of rest, embodiment, and the quiet support of the natural and built environment.

Her paintings are held in private collections across Canada and the United States. She accepts commissions across all subjects and is available for collaboration with interior, architectural, and curatorial projects.

Michelle R. Wilson

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EDUCATION

Studio Art, Capilano University, North Vancouver, BC

EXHIBITIONS

Solo

2015 Paris, Art and Fashion Collaboration, Lüt Boutique, Vancouver, BC

2011 Form, The Whip Gallery Restaurant, Vancouver, BC

Group

2005 Art Gallery of Regina, Regina, SK

2004–05 La Bodega Restaurant Gallery, Regina, SK

2004 Bushwacker Restaurant Gallery, Regina, SK

2002 Waterfall Gallery, Vancouver, BC

2002 Studio Blue, Vancouver, BC

SELECTED COMMISSIONS

2026 Florence Landscape, private collection, White City, SK

2026 Home Portrait, private collection, Fort Lauderdale, FL

2020 Farm Landscape, private collection, Toronto, ON

2008 Parental Portraits, private collection, Regina, SK

2007 Javan and Judah, private collection, Moose Jaw, SK

2006 Johnny Cash, private collection, Edmonton, AB

2004 Audrey Hepburn and Johnny Depp, private collection, Regina, SK

COLLECTIONS

Private collections across Canada and the United States

PRESS

2015 "Fashion & Art Converge at Lüt," Vancouver Is Awesome
